



Psalm 146:1–10

1 Praise | the LORD!*

Praise the LORD, | O my soul!

2 I will praise the LORD as long | as I live;*

I will sing praises to my God while I have my | being.

3 Put not your trust in | princes,*

in a son of man, in whom there is no sal- | vation.

4 When his breath departs he returns | to the earth;*

on that very day his plans | perish.

5 Blessèd is he whose help is the God of | Jacob,*

whose hope is in the | LORD his God,

6 who made heaven and earth,

the sea, and all that is | in them,*

who keeps faith for- | ever;

7 who executes justice for | the oppressed,*

who gives food to the | hungry.

The LORD sets the prisoners free;

8 the LORD opens the eyes | of the blind.*

The LORD lifts up those who are bowed down;

the LORD loves the | righteous.

9 The LORD watches over the sojourners;

he upholds the widow and the | fatherless,*

but the way of the wicked he brings to | ruin.

10 The LORD will reign for- | ever,*

your God, O Zion, to all generations. |

Praise the LORD!